THE FIREHOUSE SCENE

is a publication of the

Harlem-Roscoe Fire Protection District

June 2022

Fire Chief Don Shoevlin

Editor Sheryl Drost





FROM THE CHIEFS DESK BY FIRE CHIEF DON SHOEVLIN

June has arrived. School is out for the summer, road construction is evident now, gas prices continue



to rise. But no matter what, enjoy the weather, relax a bit, and wherever your travels may take you, may they be safe

and enjoyable. Make memories that last a lifetime. Please slow down and watch for the kids playing, those riding bikes, and walkers enjoying the pleasant days ahead. Minimize those distractions while driving.

A big shout out of thanks at our "Lunch on Us" event on Saturday May 14th. We served approximately 1000 lunches. It is a fullfilling to see the show of support for those that serve and help in our communities at a time of need. The men and women of HRFD are truly appreciative. They responded to 337 calls in May.



More photos from drive thru can be found on our Facebook Page.

To all the graduates in our district, including children, grandchildren, nieces, and nephews of our members congratulations. It is hard for me to grasp that my first grandchild is included in this mix of young adults this year. Where does the time go? I am confident that you have all worked hard to achieve that diploma and I encourage all of you to continue doing so. You are our future so I leave you with the notorious words of Walt Disney: "All of our dreams can come true if we have the courage to pursue them."

Speaking of our future, the annual HRFD golf outing is filling up fast. It will be held on 7/1 at Atwood golf course. Go to www.HRFD-Golf.com. The proceeds from this event are shared with the schools in our district to promote and assist the education experience for the children who are our future.

To all the Dad's, I wish you a day of relaxation that is filled with your family on Father's Day. Something I always will remember about my Dad (besides the shamrock shakes, and leprechauns) which I am honored to share: My father gave me the greatest gift anyone could give another person, he believed in me.

A dad is a person, who is loving and kind,
And he often knows what you have on your mind,
He's someone who listens, suggests, and defends,
A dad can be one of your very best friends!
He's proud of your triumphs, but when things go wrong,
A dad can be patient, helpful, and strong.
In all that you do, a dad's love plays a part,
There's always a place for him deep in your heart.
And each year that passes you're even more glad, more
Grateful and proud just to call him you're Dad.
Thank you DAD for listening and caring, for giving
and sharing, but especially for just being YOU.

Your continuous and generous support is greatly appreciated. If you have any questions, please don't hesitate to call me, this is your fire department. Don't forget to keep up on the progress of your fire department by visiting our updated website at www. harlemroscoefire.org. We can also be found on Facebook, so go ahead and friend us.

MEMORIAL DAY CEREMONY

May 31st, our fire personnel attended the Memorial Day Ceremony at the Roscoe Cemetery.





TRAINING UPDATE
BY DIV. CHIEF TOM AAKER

I'm not sure I ever realized how much or how many "awareness" events go on each month. I knew coming into June this year that it was Pride month. That seems to be a hot topic this year. If you're in the manufacturing industry with OSHA or ISO related job functions then you would be "aware" that its National Safety Month. A month dedicated to safety in the work place. Again, I had no clue. Also, a very specific, but if you didn't know, June is also Scoliosis Awareness Month. This is not a curable disease but a manageable one and is mostly hereditary. In case you were wondering, May is the busiest awareness month with 12 topics, I won't be listing all of them. Point is, I don't know that anyone reading this could have listed just the ones I mentioned. So how effective are awareness months?

Training works that way too I think, any training, but obviously I am talking about fire training. For example, we were all shown in the beginning how we need to say, pull hose into a house for a house fire. We even spent a few days probably working on that specific hose pull. We did it so much we actually were probably good at it after a while. However, if say we made June hose pulling awareness month. Then we only worked on it for a few days and said or did nothing about it. I would have to think that at the beginning of next month we would have some issues doing the same pulls at the same level. I guess my point is that if something is important to you, then you should make it important. So maybe hose pulls should be every week instead of once a month. This way it keeps it fresh. However, do that same hose pull week over week then it starts to become the same thing. We soon set the standard a little lower, and we don't do the drill quite right, but close enough. That's when you need to change the drill up, or change it as best as you can. We try to achieve this with our training by changing locations, drill types, people, and even buildings.

This quarter our focus was commercial building operations - What to do at commercial buildings when there is a fire. We asked our neighbors to join us from North Park Fire and Rockton Fire so we could work with them, and them us. This is a great way to share knowledge between departments. We also asked our local businesses if they would be willing to open their doors up to us so that we could make the training more realistic. Fortunately for us, our community is very generous. Hennig Inc., Curtis Metal Finishing, & Rusco Manufacturing all donated their buildings (during working hours) to us so that we could do training drills on commercial properties. Let me tell you, the training is so invaluable! it was such a great opportunity to use those buildings and do some work that we cannot recreate in our current buildings. So much thanks goes out to them. We learned a lot of valuable lessons and I know the other departments were very appreciative as well for the training.

Going forward we have some plans for training on some houses donated in the area. We will be working on multiple items in and out of the houses. This includes some advanced skills that can only be done in buildings that we can damage and not worry about repairing. Again, more invaluable training that could not be completed as easily if we did not have a community who backs the department. We hope you are "aware" of how much your support mean to us and how appreciative we are of that support. Enjoy your summer!

FOOD SAFETY ALERT

Salmonella Outbreak Linked to Jif Brand Peanut Butter

Do not eat recalled peanut butter:

- Many types and sizes were recalled, including creamy, crunchy, natural, and reduced for
- Check for numbers: 1274425 through 2140425, with "425" at the end of the first 7 numbers
- See recall notice for more details





cdc.gov/foodsafety/outbreaks



COMMUNITYRISK REDUCTION

CRR....
WHAT IN THE WORLD IS THAT?
BY JEN ANDERSON

Hello, residents of Harlem-Roscoe Fire Protection District! I'm Jen Anderson, your Community Risk Reduction (CRR) Officer. Before getting into my involvement and current position with HRFPD, I'd like to share more about myself. Outside of HRFPD, I hold my favorite titles, that of Mom to my daughters Becca and Katy (Avery), and GiGi to my grandson Owen and grand-dogs Truckie, Lou, and Gus. As we all know, life can be busy, significantly when your kids are grown. My partner, Jon, and I take advantage of getting time with them for the occasional cookout, game night, or day trip whenever we get the chance.

While this position is new to me, my involvement with the department began in 1994 as a Dispatcher until 2000. In August of 2009, I returned to HRFPD as a Dispatcher and served the district as such until July 2020. In July of 2020, I transitioned to the Fire Prevention Bureau until being appointed to my current position as the CRR Officer in July 2021.

CRR.....no, it's not a new word in the fire service. We have been doing it for a long time but never gave it its own identity. The NFPA (National Fire Protection Association) has put a lot of work into creating a powerful program. It does have a set of guidelines that are to be followed. But as a department, you are allowed to fine-tune them to your needs as we are actively working on.

Definition of CRR: a process to identify and prioritize local risks, followed by the integrated and strategic investment of resources to reduce their occurrence and impact. So, in layman's terms, it is a process to help communities find out their risks and develop a plan to reduce the dangers viewed as a high priority.

There are 5 E's that compose part of the CRR program. They are: Emergency Response, Education, Engineering, Enforcement & Economic Incentive. When you think about it, each of those in some way or

another play a part in our own daily lives as well as in the Fire Service.

My role as the CRR Officer covers a variety of responsibilities. Some of them include; developing short, medium, and long-term planning of community risk reduction plans, and making recommendations to Chief Shoevlin. I will be responsible for the Community CPR Program, which is offered on the 4th Saturday of each month at HRFPD Station 3 on Willowbrook Rd. We offer for Senior Citizens in our district, a Carbon Monoxide/Smoke Detector program. I will be responsible for coordinating all PR/Public Education events for the district. Along with many other life safety programs for the district.

I hope that you have enjoyed reading the article. I will do my best to have informative articles along with events happening that Harlem-Roscoe Fire Protection District will be taking part in!

Be Safe Everyone!

COOKIES AND DONUTS DONATIONS



Hailey and Olivia from Girl Scout Troop #2219 dropped off a wagon full of Girl Scout cookies at fire Station One. Thank you, we have some very happy fire personnel! L-r Brandon Sherbon, Jared Christiansen, Lt. Kyle Swanson, Alissa Neubauer, and Dylan Lackey.



Salvation Army Retired Lt. Col. Dan Sjogren and Retired Lt. Col. Becky Sjogren dropped off a donuts to celebrate National Donut Day on June 3rd. L-r Chief Don Shoevlin, Deputy Chief John Bergeron & Division Chief Tom Aaker.



10 WAYS TO LOVE YOUR BRAIN

HIT THE BOOKS - Formal education will help reduce the risk of decline and dementia. Take a class at a local college, community center or online.

BUTT OUT - Smoking increases risk of cognitive decline. Quitting smoking can reduce risk to levels comparable to those who have not smoked.

FOLLOW YOUR HEART - Risk factors for cardiovascular disease and stroke. - obesity, high blood pressure and diabetes - negatively impact your cognitive heath

HEADS UP - Brain injure can raise risk of cognitive decline and dementia. Wear a seat belt and use a helmet when playing contact sports or riding a bike.

FUEL UP RIGHT - East a balanced diet that is higher in vegetables and fruit to help reduce the risk of cognitive decline.

CATCH SOME ZZZ'S - Not getting enough sleep may result in problems with memory and thinking.

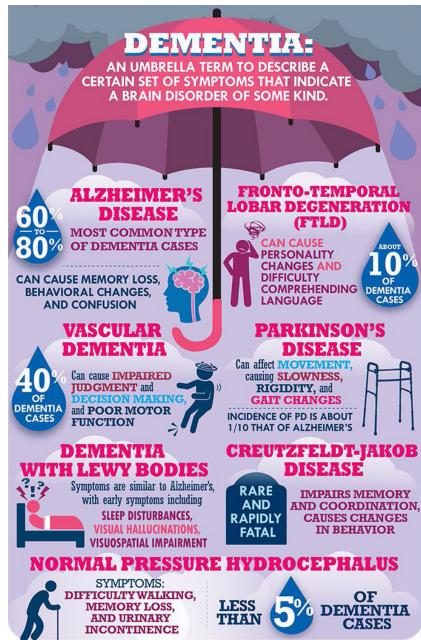
TAKE CARE OF YOUR MENTAL HEALTH

Some studies link depression with cognitive decline, so seek treatment if you have depression, anxiety, or stress.

BUDDY UP - Staying socially engaged may support brain heath. Find ways to be part of your local community or share activities with friends and family.

STUMP YOURSELF - Challenge your mind. Build a piece of furniture. Play games of strategy, like bridge.

BREAK A SWEAT - Engage in regular cardiovascular exercise that elevates heart rate and increases blood flow. Studies have found that physical activity reduces risk of cognitive decline.



Alzheimer's Symptoms



SHED FIRE

Harlem-Roscoe Firefighters responded to a report of a shed fire on Ryan St. on May 13th. The shed was fully involved with fire when units arrived and it was a total loss.

The fire had also spread to a fence and the heat melted the siding on the back of the home. No one was injured. The cause of the fire is possibly from a hot mower touching combustibles in the shed after it was put away.















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HOUSE FIRE

PHOTOS BY SHERYL DROST

Firefighters were dispatched to a house fire on Tara Dr. on May27th. Fire Chief Don Shoevlin reports, "Upon our arrival there was fire coming out a front picture window. The fire involving a couch with some extension to the wall was quickly extinguished. The house sustained heavy smoke damage as well. Several pets were safely removed from the home and back yard and there were no injuries. Thank you to our auto aid fire departments.that responded to this call."























BY JIM PURPURA

On June 14 it will have been one year since the Chemtool fire in

Rockton. All of us were, whether we admit it or not, affected by this event either directly or indirectly. Battalion Chief Trollop described being in the bucket on 751 with Lt. Chris Witcik at the scene, 50 feet in the air, when an explosion within the flaming toxic mix below enveloped them in a cloud of smoke and heat. Perhaps you were a homeowner below the black rolling plume of smoke that stretched for miles southward, well beyond the small one mile radius established as the affected area, dropping black smoldering (sometimes flaming) embers onto your roof and property.

On June 14, 2021 you may have been living in a community as far away as 75 miles from Rockton and you or your neighbor may have responded to the MABAS call with an engine or a tender. There were over 200 pieces of equipment that responded to the Chemtool fire per Rockton Fire Chief Wilson.

You may, even now, be a concerned citizen who is wondering how to be ready for the next emergency event which may befall us. Such was the case with a group of Illinois citizen in the town of Mundelein, about 90 minutes ESE of us here in Roscoe. These folks belong to the Mundelein CERT (Community Emergency Response Team) and they take disaster response in their community very seriously, so much so that they reached out to Stateline CERT sponsored by Harlem Roscoe Fire and asked us to come to Mundelein and speak to them about our role in the Chemtool fire event (Firehouse Scene, July 2021, P.7).

On Wednesday, May 18, three Stateline CERT members, John Huddleston, Kevin Harvey, and Jim Purpura drove to Mundelein Fire Station One to deliver an hour-long presentation about the fire and our role in the response. We explained that even though the fire was the biggest event in Illinois MABAS history, Stateline CERT's role in establishing and staffing the evacuation center

at Roscoe Middle School was minimal due mainly to the fact that only about 6 or 8 people evacuated to the RMS evacuation site. Understandably, most people were at work and those who were home either couldn't or wouldn't leave their homes and property because the perceived threat was not imminent. Nevertheless Mundelein CERT was eager to receive our after-action report and list of lessons learned in order to improve their effectiveness within their community.

They were a wonderful, generous group—Becky Gaunky (Team Leader), Lynn Dowell (Asst. Leader), Gary (past Leader), Ray, Quarter-master, members Dick and Robin and about 15 others from both Mundelein CERT and Fremont CERT, There are six CERT groups within an eight mile radius of Mundelein.

As we look back on that day one year ago in June, we might all do well to ask ourselves "Am I as prepared as I could be for an event like Chemtool?"—"Would I like to be ready and able to help myself or my neighbors if a man-made or natural disaster were to strike the area?" You might be saying to yourself "I don't want to attend meetings, or march in parades, or attend functions." That's great, many don't and it's entirely OK to come, join the team, receive the training and go home and live your life without ever being active in the program. Others want to be more active but would rather not deploy at 2 AM in the middle of winter to support HRFD at a structure fire—that's fine too. The point is to be safe and prepared so that the structure fire is not YOURS and to be able to help yourself if it is!

CERT trains private citizens in:

- Emergency Preparedness,
- · Fire Safety,
- · Emergency Medical Opera-tions,
- · Light Search & Rescue,
- · Disaster Psychology,
- · Terrorism,
- · Disaster Simulation

Join Stateline CERT sponsored by Harlem Roscoe Fire Dept. and help make our community stronger, safer, and better prepared for emergencies. Basic Training usually starts on a Friday evening, all day Saturday, and half of Sunday. Contact us at:

> illinoisstatelinecert@gmail.com Jim Purpura 815-520-0464 jpurpura@harlemroscoefire.org Harlem Roscoe Fire 815-623-7867



- 1. Life isn't fair, but it's still good.
- 2. When in doubt, just take the next small step.
- 3. Life is too short not to enjoy it.
- 4. Your job won't take care of you when you are sick. Your friends and family will.
- 5. Don't buy the stuff you don't need.
- 6. You don't have to win every argument. Stay true to yourself.
- 7. Cry with someone. It's more healing than crying alone.
- 8. It's OK to get angry with God. He can take it.
- 9. Save for things that matter.
- 10. When it comes to chocolate, resistance is futile.
- 11. Make peace with your past so it won't screw up the present.
- 12. It's OK to let your children see you cry.
- 13. Don't compare your life to others. You have no idea what their journey is all about.
- 14. If a relationship has to be a secret, you shouldn't be in it.
- 15. Everything can change in the blink of an eye... But don't worry; God never blinks.
- 16. Take a deep breath. It calms the mind.
- 17. Get rid of anything that isn't useful. Clutter weighs you down in many ways.
- 18. Whatever doesn't kill you really does make you stronger.

- 19. It's never too late to be happy. But it's all up to you and no one else.
- 20. When it comes to going after what you love in life, don't take no for an answer.
- 21. Burn the candles, use the nice sheets, and wear the fancy lingerie. Don't save it for a special occasion. Today is special.
- 22. Overprepare, then go with the flow.
- 23. Be eccentric now. Don't wait for old age to wear purple.
- 24. The most important sex organ is the brain.
- 25. No one is in charge of your happiness but you.
- 26. Frame every so-called disaster with these words, 'In five years, will this matter?'
- 27. Always choose Life.
- 28. Forgive but don't forget.
- 29. What other people think of you is none of your business.
- 30. Time heals almost everything. Give Time time.
- 31. However good or bad a situation is, it will change.
- 32. Don't take yourself so seriously. No one else does.
- 33. Believe in miracles.
- 34. God loves you because of who God is, not because of anything you did or didn't do.
- 35. Don't audit life. Show up and make the most of it now.
- 36. Growing old beats the alternative dying young.
- 37. Your children get only one childhood.
- 38. All that truly matters, in the end, is that you loved.
- 39. Get outside every day. Miracles are waiting everywhere.
- 40. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
- 41. Envy is a waste of time. Accept what you already have, not what you think you need.
- 42. The best is yet to come...
- 43. No matter how you feel, get up, dress up and show up.
- 44. Yield.
- 45. Life isn't tied with a bow, but it's still a gift.

Source: https://kangalex.com/.../45-life-lessons-written-by-a-90...

HOW DAD ARE YOU?

- "Guess it's free then." (when a cashier has trouble scanning an item)
- "Found it!" (after pointing a stud finder at your chest)
- "Looks like we'll have to amputate." (when a kid has a minor injury)
- "Let's rock and roll." (when it's time to leave.)
- "Did you fall in?" (when a kid takes too long in the bathroom)
- "No, your other right." (when someone mistakes left for right)

- "What's the damage?" (before looking at a bill)
- "Can you do mine nest? (when seeing a neighbor washing his car)
- "I was just resting my eyes." (after falling asleep on the couch)
- "Guess they'll let anyone in here."
 (when seeing a friend in public)
- "Glad we're not going that way."
 (when seeing traffic on the other side of the road)
- "Can't get very far without these." (after forgetting your keys)

- "People don't know how to drive in this town." (in every town you're in)
- "We needed this rain." (every time it rains)
- "That's how they get you." (after declining additional warranty protection)
- "Back already? How was it? (when someone comes back inside because they forgot something)
- "That's not going anywhere" (after tying something down)

ACCIDENTS PHOTOS BY DUTY OFFICERS





05/09/22 Prairie Hill Rd.







05/10/22 Elevator Rd. and Pint

Best Buy Recalls InsigniaTM Air Fryers and Air Fryer Ovens

Name of Product: Insignia Air Fryers and Air Fryer Ovens

Hazard: The air fryers and air fryer ovens can overheat, posing

fire and burn hazards.

Recall Date: April 21, 2022

Units: About 635,000 (In addition, 137,000 in Canada)

Remedy: Consumers should immediately stop using the recalled air fryers and air fryer ovens and register online at www. insigniaairfryerrecall.expertinquiry.comor call Best Buy at 800-566-7498 from 8 a.m. to 5 p.m. ET Monday through Friday to arrange a return through a pre-paid shipping box and label and return instructions. Best Buy is also contacting all known purchasers directly to arrange returns. The consumer should not return the recalled air fryers and air fryer ovens to a Best Buy retail store for a refund. The consumer will receive a refund in the form of a credit for use at Best Buy stores or Bestbuy.com. Consumers will receive a credit of \$50 or the amount on the purchase receipt if higher. Consumers do not need a purchase receipt to get the \$50 credit.

Incidents/Injuries: Best Buy has received 68 reports from U.S. consumers and 36 reports from Canadian consumers of the air fryer or air fryer ovens catching fire, burning or melting. These include seven reports of minor property damage and two reports of injuries, including an injury to a child's leg.

Sold At: Best Buy stores nationwide and online at www.bestbuy. com, www.eBay.com and www.google.com from November 2018 through February 2022 for between \$30 and \$150.

Description: This recall involves the Insignia Digital Air Fryers, Insignia Analog Air Fryers, and Insignia Digital Air Fryer Ovens, model numbers NS-AF32DBK9, NS-AF32MBK9, NS-AF50MBK9, NS-AF53DSS0, NS-AF53MSS0, NS-AF55DBK9, NS-AF06DBK1 and NS-AF06DSS1 sold by Best Buy. The brand name INSIGNIA is on the top or front of each unit. A rating label on the underside of each unit identifies the brand INSIGNIA and the model number. The air fryers and air fryer ovens have cooking chamber capacities ranging from approximately 3.4 to 10 quarts, and plastic or plastic and stainless-steel bodies in black and stainless-steel finishes.





Cadet Lucas Burbach graduated Harlem High School and will be attending Rock Valley College for Fire Science.

Cadet Alexzander VanderHeyden, graduated Hononegah High School and is continuing with HRFD.

Cadet Jay Starnes graduated from Lutheran High School and will be attending Rock Valley College for Fire Science.

Engineer Marty Green's daughter Mallory Green graduated from the University of Wisconsin - Whitewater with a degree in education.

Paramedic John Morgan's daughter, Abby Hopkins, graduated from Rockford University - Summa Cum Laude. She will be working as a 2nd grade teacher at Poplar Grove Elementary, North Boone School District. John's son, Sean Morgan graduated from 8th Grade at North Boone Middle School.

Chief Don Shoevlin's grandson, Dylan Shimp graduated 8th grade from Roscoe Middle School.

Paramedic Brett Whiting,s daughter, Olivia Whiting graduated 8th grade from North Boone Middle School

Fire Prevention Inspector Teresa Kinney's grandson, Nicholas Kinney, graduated from 8th grade from Lake Geneva Middle School.

CERT Member Michelle Kamholz's step daughter, Emma Kamholz, graduated from Winnebago High School & RVC with her Associates Degree. She is heading to SIU in August for her teaching degree for Art.



Gone, But not forgotten Some people come into our lives, And quickly go. Some stay awhile, And leave footprints in our hearts.

Paramedic Brett Whiting's mother, Margaret Whiting, passed away May 26th, 2022. Our deepest sympathy and condolence go out to Brett and his family.



John Morgan 50th July 16th



JUNE

8th Shannon Burbach

8th Hanna Benard

9th Mike Pluta

11th Mike Huffman

19th Justin Harwood 40th

22nd Sam McNames

JULY

1st John Bergeron

9th Greg Wernick

16th John Morgan '50th"

17th Taylor Larson

21st Tim Bergeron

28th Tyler Ebany

The Firehouse Scene

The Firehouse Scene is a monthly newsletter produced by the Harlem-Roscoe Fire Prot. Dist.

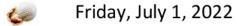
Fire Chief - Don Shoevlin Editor & Layout - Sheryl Drost

The Firehouse Scene is available at Station One - 10544 Main Street in Roscoe and on the department's website after the second Sunday each month.

 $\hbox{E-mail submissions to: Sheryl at: $\tt sdrost@harlemroscoefire.org}$



Please join us for the "Ignite our Youth's Future" Golf Fundraiser for the Harlem-Roscoe Firefighter's Educational Grant. The grant is awarded annually to in-district schools to assist students in their educational needs in the 21st century.



Atwood Golf Course

8:00 a.m. Shotgun start (Registration starts at 7:00 a.m.)

Register Online: WWW.HRFD-GOLF.COM

\$125/golfer (\$500/foursome)

What's Included?

- . 18 holes of golf with cart
- . Lunch at the Turn and Drinks on the Course
- An "all-inclusive" steak dinner at pavilion (Free alcoholic and non-alcoholic drinks at dinner!)
- A gift certificate for a free future round of golf, <u>cart included</u>, at any of the Winnebago County golf courses!

What Can You Win?

- Longest Drive, Longest Putt, and Closest to the Pin winners will be awarded a TV or Grill.
- Putting contest winner will be awarded a Grill
- Door prizes, raffle baskets, and 50/50 golf ball drop!

50/50 Golf Ball Drop Raffle



Golf balls will be dropped onto a green at Atwood Golf Course from our aerial truck's ladder on the day of the play day. If your ball lands in the hole you win! 3,000 balls are available, so the raffle prize could be very significant!!!

\$5 per ball or \$20 for 5 balls

Purchase Online at www.hrfd-golf.com

Do not need to be present to win. Winner will be notified.